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(amendment)

Notice Inviting Tender
FOR
DIETARY & ITS RELATED SERVICES
AT

Chhattisgarh Institute of Medical Science, Bilaspur CIMS Chhattisgarh

The Dean, Chhattisgarh Institute of Medical Science, Bilaspur, invites offline Tenders under "Two Bids (Technical & Financial) System" in prescribed format from Firms/Caterer/kitchen services venders/Companies/joint ventures for Engaging Bidder for providing Patient Diet Kitchen in CIMS Hospital, Bilaspur, Chhattisgarh for a period of Two Years, which is extendable for further One Year with mutual consent and understanding, if the services of Bidder is found satisfactory on prevailing terms and conditions.

- 1. The Tender document may be downloaded from the website: www.cimsbilaspur.ac.in
- 2. Tender should be submitted by speed post/registered post.
- 3. EMD shall be paid by way of D.D. in the name of Dean, Chhattisgarh Institute of Medical Science, Bilaspur, Chhattisgarh.
- 4. The vendors shall be solely responsible for checking these websites for any addendum/amendment issued subsequently to the bid document and take into consideration the same while preparing and submitting the bids.

Dean Chhattisgarh Institute of Medical Science Bilaspur, Chhattisgarh

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SCHEDULE (Tender has to be submitted offline only):
Tender No. 725

Date – 17.01.2023

S.No.	Description	Date&Time	Particulars
1.	Duration of Rate Contract		02 Years, can be extended for 1 more year subject to satisfactory performance
2.	Date from which the Tender Form can be downloaded	20/01/2023 Time- 5.00 PM	www.cimsbilaspur.ac.in
3	Last date & time of purchase of Tender document	20/02/2023 Time- 5.00 PM	-
4	Last Date & time for submission of Tender documents by only Registered post/Speed post	06/03/2023 Time- 3.00 PM	Dean, Chhattisgarh Institute of Medical Science Bilaspur CIMS Chhattisgarh
5	Date & time of Tender Opening	06/03/2023 Time- 4.00 pm	Venue: Chhattisgarh Institute of Medical Science Bilaspur CIMS Chhattisgarh

Dean Chhattisgarh Institute of Medical Science Bilaspur, Chhattisgarh

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29/04/23

25/14/2023

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Eligibility of Bidder

- 1. The Bidder may be a proprietary firm, Partnership firm, Limited Company, Corporate body legally constituted and registered Who possess the required licenses, etc
- 2. The bidder should have supplied cooked diet for hospital patients (Central/State government, Public sector hospital/Private Hospital with minimum 300 beds) for at least 2 years in last 7 (seven) years
- 3. Bidders should have average annual turnover of 1 crore in last 3 years.
- 4. There should be no case pending with the police against the Proprietor/ Firm / partner or the Company (Agency).
- 5. The bidder should have the following Registrations:
 - a) PF Registration:
 - b) ESI Registration:
 - c) GST Registration in chhattisgarh:
 - d) Labor License/ An undertaking to produce labor license within one month after the allotment of work order.

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Bid System Terms & Conditions

➤ Validity of Tender & Period for Rate Contract: The validity of the Bid Tender Document shall befor 180 days and after the acceptance and issue of Notificationo faward/conclusion of Contract Agreement in the Format given, the rates shall be valid for initial Two years extendable further for One year with mutual consent and understanding, if the services of Bidder is found satisfactory on prevailing terms and conditions.

> EMD (Refundable after expiry of the Tender on procurement solutions)

The Tender shall be submitted in offline in Chhattisagarh Institute of Medical Science:

(i) Technical Bid:

Technical bid Documents shall be opened first. Based on requested Eligibility Criteria the Technical Bid shall be evaluated.

(ii) Financial Bid:

There will be no financial bid for patient diet as the rate for payment of per meal has already been decided by Chhattisgarh Government for the hospital patients which shall be Rs. 150 for general patients and Rs. 250 for Janani Suraksha Programme inclusive of all taxes. However, the bidder has to additionally submit the rate of disposable food tray (incase of epidemic/pandemic situations) per patient per day (VALID FOR THE ENTIRE CONTRACT PERIOD) which will be included in the scoring system to decide the successful bidder. The selection of successful bidder will be decided on the QBS (Quality Based System) system mentioned in Annexure "V". In case of same score gained in QBS process by 02 or more bidders the preference will be given on the basis of quality certificate and mark issued by Government Hospital in all present work in last 7 years. Very good-3 No., Good/ Satisfactory -2 no, Ordinary - 1 No, Not satisfactory -1 No.

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Earnest Money Deposit (EMD)

- 1. Bidder needs to deposit the EMD Amount of Rs. 2,50,000/- (Two Lakh fifty thousand only) in the Form of D.D in favour of "Dean, Chhattisgah Institute of Medical Science Bilaspur CIMS, Chhattisgarh.", payable at Bilaspur.
- The EMD should be submitted offline along with technical documents.
- 3. EMD must be submitted manually before the last date of bid submission.
- 4. The EMD without interest shall be returned to the unsuccessful bidders after finalization of contract within 1 month.
- 5. The EMD submitted by the successful bidder shall be returned without any interest after the successful bidder deposits the performance security according to conditions stipulated in the bid document.
- 6. The EMD shall be for feited if the bidder with draws from the bid in any respect with in the period of validity of the bid.
- 7. If any document/ information provided by the bidder in support of its eligibility is proved to be false or forged, then EMD may befor feited.
- 8. The EMD shall be for feited if successful bidder fails to under take the work or fails to comply with any of the terms & conditions of the contract.
- 9. Without EMD, bidder will not be considered for further process / rejected. (Except bidder submitted document & Eligibility for exemption of EMD)

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"Technical Bid"

Documents needed to be subimtted in the Technical Bid Document

- I. The original DD of EMD, Signed of acceptance of term & condition in 100 rupees' stamp paper (Original of these documents to be inclosed in Technical Bid to Dean, Chhattisgarh Institute of Medical Science Bilaspur Chhattisgarh)
- II. Signed and self certified copy of Covering letter on participating Firm's Letter Head indicating the list of enclosures. Letter head must contain the Name & Address of the bidder with phone number.
- III. Signed and self certified of valid Registration/In corporation Certificate of the Firm.
- IV. Signed and self certified copy of GST Registration Certificate showing clearly GST Number of the participating Company/firm.
- V. Signed and self certified copy of PAN Card of the firm/company / proprietor issued by Income Tax Department.
- VI. Signed and self certified copy of valid FSSAI License under Food Safety and Standard Regulation Act 2006 issued by Food & Administration Deptt.
- VII. Signed and self certified copy of valid Registration of the participating Bidder with EPF and ESIC and strictly following the applicable statutory requirements as per prevailing Labour Law rules.
- VIII. Signed and self certified copy of Income Tax return of the firm/company for the last Three Financial Years.
- IX. Signed and self certified copy of Average Annual Turnover of Rs. 1 Crore during last three Financial Years.
- X. Signed and self certified copy of Performance Reports / experience/ quality certificates regarding providing similar nature Patient Diet Kitchen Services in the Govt. Hospitals/ Public sector hospitals in India in Chronological Order in last Seven Year.
- XI. Signed and self certified copy of List of Kitchen Equipments/Cutlery/Utensils availability with Participating Bidder.
- XII. Signed and self certified copy of List of available qualified and trained man power with Participating Bidder including the irprofessional Qualification.
- XIII. Signed and self certified copy of Gumasta (गुमास्ता सर्टिफिकेट) Certificate with their validy.

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Financial Bid

- I. The Financial Bids must be submitted in the prescribed format in the Tender & releted document
- II. Quoted rates shall be valid for the entire period of the contract
- III. Rate may be changed as per Chhattisgarh Government Notification time to time and will be applicable and menu can be changed by institute dietican accordingly.

NOTE- The rate for payment of per meal has already been decided by Chhattisgarh Government for the hospital patients which shall be Rs. 150 for general patients and Rs. 250 for Janani Suraksha Programme. Hence, only the rate for disposable tray to be quoted by the bidder. It can not be quoted as zero at least rs 1.00 should be quoted Successful bidder will be decided on the basis of Quality Based Scoring system as per Annexure V.

Award of Contract

Purchaser shall award the Contract to the Successful Bidder, subject to the bidder agrees to all terms and condition of the tender.

Note: No bidder shall try to influence the Purchaser on any matter relating to the bid, from the time of the bid opening till the time the contract is awarded. Any effort by a bidder to modify his bid or influence the purchaser in the purchaser's bid evaluation, bid comparison or contract award decision shall result in the rejection of the bid.

Purchaser's right to accept any bid and to reject any or all bids:

The Purchaser reserves the right to accept or reject any bid, and to annul the bidding process and reject all bids, at any time prior to award of contract with out assigning any reason what so ever and without there by incurring any liability to the affected bidder or bidders on the grounds of purchaser' saction.

Issue of notification of award

The issue of Notification of Award shall constitute the intention of the Purchaser to enter into contract with the bidder. Prior to the expiration of the period of bid validity, the Purchaser will notify the successful Bidder in writing by e-mail or by Post phone ets. The bidder shall within 15 days of issue of the Notification of Award, give his acceptance alongwith agreement document & in conformity with the bid document. Incase the bidder is not willing to unconditionally accept the contract with in the specified time frame the EMD submitted will be forfeited

Performance Security

As a guarantee towards due performance and compliance of the contract work, the

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successful bidder (Agency) will deposit an amount equal to 3 % (Three%) of Annual Contract value towards Performance Security Deposit in the form of DD in the Favour of "Dean, Chhattisagarh Institute of Medical Science CIMS Bilaspur, Chhattisgarh." Drawn on any Scheduled Bank. Performance security is to be furnished with in 30 days from release of Purchase order. Performance security (D.D.) shall be for a period of 90 days beyond the contractual obligation. In case of breach of contract by the supplier, the performance security is to be forfeited. If the supplier duly performs and completes the contract in all respect, the performance security shall be returned to the supplier without any interest, on completion of all such obligations under the contract. EMD will be returned after Performance security is deposited.

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Terms & Conditions

A. General terms & conditions:

1- Use of contract document & information

The Service Provider shall not, without the tendering authority prior written consent, discloses the Contract, or any provision there of, or any information furnished by tendering authority in connection there with, to any person other than a person employed by the Service provider in the performance of the Contract. Disclosure to any such employed person shall be made in confidence and shall extend only so far as may be necessary for purposes of such performance.

2- Liquidated Damage

The Service Provider shall pay liquidated damages for non-performance to the Employer at twice the daily remuneration rate payable for each day that the services have not been provided on the site with in the stipulated time given in the work order. The total amount of the liquidated damages shall not exceed 10% of the monthly remuneration for that service. The Employer may deduct liquidated damages from payments due, of the Service Provider. Payment of liquidated damages shall not affect the Service Provider's other liabilities.

3- Penalty Clause

- i) In case the contractor fails to commence/execute the work as stipulated in the agreement or there is a breach of any terms and conditions of the contract: Employer reserves the right to impose the penalty as detailed below:
- a. 2% of cost of order/agreement per week, upto 2 weeks'delays. Penalty also for serving late more than 30 mintes Rs 1000/per serve.
- b. After 2 weeks' delay, Employer reserve the right to cancel the contract and with hold the agreement and get this job to be carried out from other contractor (s). The defaulting contractor will be blacklisted as per clause stated above and the difference if any will be recovered from the contractor.
- c. The security deposited by the contractor shall be forfeited.
- ii) After execution of agreement, for any breach of contract, Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur, Chhattisgarh or duly constituted committee by Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur, CG shall be entitled to impose a penalty to the extent of Rs.5000/- only on the first occasion upon the agency in the event of breach, violation or contravention of any of the terms and conditions contained here in brought to the notice of the Committee.

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- iii) If the lapse is repeated again the extent of penalty will be doubled on each such occasion. The decision of the said officer/committee in this regard shall be final and binding upon the agency. Some of the instances in which penalty would be imposed are enumerated below. (But these are not exhaustive and penalty may be imposed on any violation/breach or contravention of any of the terms and conditions as well as assigned duties and responsibilities).
- a) If the personnel working in dietary services are not found in proper uniform and displaying their photo identity card.
- b) If the personnel found indulging in smoking/drinking/sleeping during duty hours.
- c) Penalty will also be imposed if the behavior of personnel (s) found is discourteous to any one in the hospital including staff or patients.
- d) If any personnel found performing duty by submitting a fake name and address.
- e) If any personnel found on duty other than those mentioned in the approved list is supplied by the agencies to the Institute authorities.
- f) In the case of any loss/theft of Institutes property and if the responsibility is fixed on the agency, the Institute will recover the losses by deducting the cost of loss from the security deposit/or next month's bill in one or more installments.
 - iv) In case of any loss or theft, it shall be made good by the agency and in event of failure in there part to do so with in a period of one month, the loss shall be made good equivalent to purchase cost by encashment of security deposit and if the amount of loss or damage exceeds the amount of security deposit, then the amount will be recovered from the bill in one or more installments.
 - v) In the event of contractor's failure
 - i) To supply meals
 - ii) Carry out related jobs on any day/ days
 - iii) Maintain quality of food as prescribed.
 - iv) No foreign substances to such take like hair, insect, worm, & stone should be take in food. If found 2% penalty cost in order or on that day cocked food item should be taken out from cims kitchen to outside.

The Employer will have recourse to make an alternative arrangement and a penalty double the amount so spent on this account shall be recovered from the Contractor and he will have to pay back that amount with in two weeks to make up the deficiencies, failing which the same shall be recovered from the next bill.

4- Force Majeure

- Not with standing the provisions of the tenderer, service provider shall not be liable for forfeiture of its liquidated damages, or termination for default if and to the extent that it's delay in performance or other failure to perform its obligations under the contract is the result of an event of Force Majeure.
- For purposes of this clause and clause "Force Majeure" means an event beyond the control of the service provider and not involving the service provider's fault or Commens.

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negligence and not for eseeable. Such events may include but are not restricted to, acts of the employer in its sovereign capacity, wars or revolutions, fires, floods.

Any type of medical emergency or public health emergency will not be considered as Force Majure situation.

If a force majeure situation a rises, the tenderer shall promptly notify the employer in writing of such condition and the cause there of. Unless other wise directed by the purchaser in writing the supplier shall continue to perform its obligations under the contract as far as is reasonably practical and shall seek all reasonable alternative means for performance not prevented by the force majeure event.

5- Clause for termination of contract

- The contract canbe terminated by giving Three months notice on either side.
- · Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur shall have the right to terminate the contract of the services rendered by the vendor, which are not of the requisite standard.
- · After completion of contract, if the employer is satisfied with the service of the contractor, the contract may be extended further one year.
- Any violation of instructions/agreement or suppression off acts will attract cancellation of agreement without any reference.
- The Tenderer may at any time terminate the Contract by giving written notice to the contractor, if the service provider becomes bankrupt or other wise insolvent. In this event, termination will be without compensation to the contractor, provided that such termination will not prejudice or affect any right of action or remedy that has accrued or will accrue there after to the Purchaser.

6- Resolution of Dispute

- In case of any dispute or differences arising under the terms of this Agreement the same shall be settled by reference to arbitration by a Sole Arbitrator to be appointed by Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur, Chhattisgarh. The provisions of Arbitration and Conciliation Act1996 shall be applicable.
- All matters of jurisdiction shall be at the Bilaspur Court.

7-Governing language

The contract shall be written in English language. All correspondence and documents per taining to the Contract which are exchanged by the parties shall be written in the English/Hindi language.

8- Contract Agreement

- An agreement shall be signed with the successful bidder as per contract agreement format.
- The contract shall come into effect on the date of signing by both the parties. The contract shall be valid for a period of 2 years from the date of signing of contract. The contract can be extended for one year, on the same terms and conditions with mutual consent. In such cases the Service Provider shall have to deposit the Bank Guarentee for the extended period. win

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9- Payments:

Payment to the contract or against the dietary services provided shall be made month-wise as per actual numbers of diet sprovided to patients duly verified by the Institute Dietician, after submitting the bills along with other relevant supporting documents. Payment shall be released after deducting TDS as per Income Tax Rules and any other deductions as per prevailing Govt. Rules.

10-Compliance with laws

The Service Provider shall take due care that all its documents comply with all relevant laws and statutory regulations and ordinances, guidelines in force which includes all laws in force and effect as of the date here of and which may be promulgated or brought into force and effet there in after in India including judgements, decrees, in junctions, write so for orders of any court of record, as may be in force and effect during the subsistence of this Agreement applicable to the Service Provider.

11. Governing law and jurisdiction

This Agreement shall be governed by the laws of India. The Courts at Bilaspur, Chhattisgarh shall have jurisdiction over all matters a rising out of or relation to this Agreement.

12. Sever ability

In the event that any provision of the term & conditions is held to be invalid or unenforceable, the remaining provisions of term & conditions will remain in full force and effect.

13. Modification

Modification of the terms and conditions, including any modification of the scope of the Services, may only be made by written agreement between the Parties.

14. Variations

Employer may, by written notice to the Service Provider, direct the Service Provider to vary the scope, sequence or timing of the Services and the Service Provider shall be bound to comply with that direction. All such variation shall be in writing.

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B. Special terms & conditions

- 1. Bidder will supply all kind of diet mentioned in the diet charts on advice of dietician/Nutritionist/authority of the concerned institute. No request for modification of prescribed menu will be entertained.
- 2. Surprise visit to the premises where it is running the dietary services, by the representatives of the institute shall be made to assess vendor capacity & standing as well as hygiene status and the observation will affect the bid outcome of the bidder in numerical terms.
- 3. The Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur/ relevant hospital shall be the final authority to reject full or any part of the supply which is not confirming to the specification and other terms and conditions.
- 4. The quantity shown in the tender can be increased or decreased_to any extent depending upon the actual requirement.
- 5. Any action on the part of the tenderer to influence any body will be taken as an offence, and will not be allowed to participate in the tender process and their offer will not be considered.
- 6. Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur, Chhattisgarh/associated CIMS Hospital Bilaspur C.G. shall have the right-
- (A) To stop the supply of or to destroy any article or food drinks sold if found adulterated, contaminated or of unsatisfactory quality.
- (B) To stop the service rendered by the vendor in the Dietary service which is not of the requisite standard.
- (C) Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur relevant Hospital authority may demand and be supplied with a sample of any article of food or drinks for inspection and analysis.
- (D) The vendor shall allow the official of the Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur/officials of the relevant Hospital to enter the kitchen in order to inspect and execute, any Structural additions and alterations or repairs to the said kitchen premises, repairs to electric, water and sanitary installations, which may be found necessary from, time to time. The time and date for this purpose will be fixed with the mutual convenience of both the parties.
- 7. The Contractor shall deploy the required personnel to provide the said service and immediately communicate the names and residential address, age etc. of the persons as and when deployed or changed from time to time. on bidder should be employed must be staff below 18 year and employe must be medically fit and vaccinated.
- 8. For the purpose of proper identification of the employee of the contractor deployed various works, the Contractor shall him self issue them the Identity cards/identification document to his employees and they shall be duty bound to display their identity

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Cards at the time of duty. The employees deployed by the contract or would be required to wear uniform supplied by him during cooking and service meals on duty.

- 9. Firm shall not assign or sublet the work/job or any part it to any other person as party without having first obtained permission in writing to Dean Cims Tender is not transferable and only one tender is permitted to one tenderer.
- 10. The competent authority of the institute or any authorized representative can check the food qualities prepared in the Hospital Kitchen at any time and can also take samples of the same to be tested in the Institute. Incase, on testing the quality of food is not found upto the mark, action as deemed fit will be taken against the contractor. Any decision taken by the competent authority in this regard shall be final. The contractor shall take daily orders for the work to be under taken regarding quality and get verified food to be served from the schedule given.
- 11. The persons deployed by the contractor for the work shall be the employees of the contractor for all intents and purposes and in no case, there shall be any relationship of employer and employee between the said persons and the Institution.
- 12. The persons so deployed shall be under the overall control and supervision of the contractor and the contractor shall be liable for payment of their wages etc. and all other dues which the contractor is liable to pay under the various Labour Regulation and other statutory provisions. The Institute shall be absolved of any such liability at its own level.
- 13. The contractor shall take all reasonable precautions to prevent any unlawful riots or disorderly conduct or acts of his employees so deployed and for the preservations of peace and protection of persons and property for the Institution.
- 14. In case any of the persons so deployed by the contractor indulge in any unlawful activity or disorderly conduct, the contractor shall take punitive action against such employee.
- 15. In case of any complaint/defect pointed out by the Institute/Authorities, the contractor shall immediately replace the particular person so deployed without further arguments.
- 16. The contractor shall keep the Institution in demnified against all the loss caused to the Institute property by way of theft, mishandling or other wise and the claims what so ever inrespect of the employees deployed by the contractor so deployed enters in dispute of any nature what so ever, it will be the sole responsibility of the contractor concerned to contest the same. Incase institution is also made a party and is supposed to contest the case, the cost, if any of the actual expenses incurred to wards counsel fee and other expenses shall be paid to the Institute by the contractor in advance on demand. Further, the contractor shall ensure that no financial or any other legal liability comes on the Institution in the respect of any nature what so ever for the act done by the person of the contractor and shall keep the institution indemnified in this respect.

17. The Institution shall have further right to adjust or readjust or deduct any of the amounts as a foresaid from the payments to be made to the Contractor under this Contractor out of the bank guarantee of the Contractor.

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- 18. The Contractor shall furnish an indemnity bond from Insurance Company at its own cost of indemnifying Institute against any claim arising out of or connected with this agreement.
- 19. In the event of exigencies, a rising due to the death, infirmity, insolvency of the contractor or/for any other reason or circumstances liabilities there of of the contract shall be borne by the following on such terms and conditions, as the Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur (CG) may further think proper in Public Interest on revoke the contract, namely:
 - (a) Legal heirs in case or sole proprietor; (b) The next partners in the case of Company or Institution other wise the competent authority of the institute shall reserve the right to settle the matter according to the circumstances of the case as he may think proper.

.Miscellaneous Terms & Conditions

a. Processes to be undertaken by the vendor for dietary & its related services

- 1. Time schedule & Menu planning, preparation and cooking of the normal diet, Therapeutic diet and Enteral feeds in hospital of respective Medical College in Chhattisgarh, kitchen as per the instructions of the Dietary In-charge. (as per Annexure-III. The preparation of various diets will be under direct supervision of the Institute's dietician.
- 2. All type of nutritional supplements shall be provided by the contractor.
- 3. The vendor shall be responsible for procurement of all the raw food materials (only from laboratory tested reputed firms and AGMARK/FSSAI Certified marked whereever possible) and bidder should give the information of all raw materials for food like milk, grains, flours, spices, oils and other raw material as pert able given below-

Brands of raw materials

- All packaged food products shall carry a label and requirite information (certificate) as per prouision of food safty and standards act 2006
- The vendor should purchase quality products with fssai certificate.
- Any product found without certification would be immediately rejected by on duty dietician and subsequent penalty will be imposed.
- The following products with the mentioned brands are indicatine refrence.

Dairy products:- FSSAI certified.

- 1. Milk (Toned/Double tone/ful cream/standard) Devbhog. Amul/sanchi dairy.
- $2. \ Butter-Devbhog/amul/britania/sanchi\ dairy/nutralite.$
- 3. White butter Devbhog/amul/dairy craft.
- 4. Butter milk Devbhog/amul/mother dairy/sanchi dairy.

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5. Curd – Devbhog/sanchi dairy/amul.

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- 6. Paneer Devbhog/amul/fresh paneer.
- 7. Chease Devbhog/amul/Britania/sanchi.

Bakery Products: FSSAI Certified

- 1. Bread (White bread/brown bread/multigrain bread) popular/Top n town/britania/modern.
- 2. Biscuits (multigrain/marie/parle-G) Britannia/parle-G/sunfeast/patanjali

Eggs:-

Best quality freash egg.

Salt – Iodised salt.

- 4. It will be the responsibility of the vendor for transportation of the prepared diet to the patient according to specific requirement, in a covered hot trolley in sufficient number (4 to 5 trolly) and already prearranged trays under hygienic conditions.
- 5. Contractor will be responsible for collection, washing and cleaning of the serving trays/utensil/bottles etc with safe & standard quality of cleaning materials. (incase of non-disposable) by a dishwasher of proper capacity.
- 6. The vendor will be responsible for safe disposal of the left over food/vegetable peels / and other kitchen garbage as per the prevailing norms of the Bilaspur Municipal Corporation. In short the vendor is responsible for kitchen related waste management & disposal vender should dispose left over food in proper colored dustbin and per regulatory norms.
- 7. The vendor shall be responsible for providing food to patients in emergency as per instructions of dietary in-charge at times other than specified timings in the diet schedule including night (example when patients goes for some test or investigations).
- 8. The vendor will be responsible for entire cleanliness of kitchen and hygiene of staff deployed by the vendor. The venders should be engage any agency for pest/and Rodent control for cleanliness
- 9. If disposables are used in any step of dietary service, they should be disposed off, as per the prevailing norms of Bilaspur Municipal Corporation.
- 10. Only LPG or Electricity will be used for cooking. No Coal, wood or any other fossil fuel shall be used as fuel for cooking of food, heating of food etc.
- 11. The vendor will need to have a meeting with In-charge of Dietary Department of the Hospital once in a month/on call to review the services.
- 12. The vendor must required to arrange for health inspection of his all working staff in dietary services on regular basis. This may be done by an outside agency or by CIMS Medical College Bilaspur.
- 13. The Vendor shall keep the kitchen scrupulously clean and in a sanitary condition to the satisfaction of the Dietary department and administration. It shall be the responsibility of the vendor to employ adequate number of cleaners and sweepers

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And provide them with adequate and necessary equipment's/chemicals for keeping the kitchen scrupulously clean. Anti- rodent and pest control measures will also be strictly followed and is the responsibility of the vendor. Gutka, Panmasala, tobacco, alcohol & smoking is strictly not allowed in Kitchen or other areas of hospital.

- The vendor shall employed equate number of well trained & educated staff (bearers and 14. cooks) at his own expense for the proper discharge of the responsibility entrusted to him under the Agreement and such employee shall be persons with enough experience. They shall be provided with uniforms, apron, handgloves and headgear by the vendor at his own cost and they are to be maintained in neat and tidy condition while on duty & the minimum qualification of Service Boys is class 10th pass and for Supervisors is class 12th pass. Number of staff required is Supervisor (2Nos. in morning & 2 Nos. in evening), waiter - 10, Cook - 3, Cook helper-2, Utility Cleaner -2, Kitchen Cleaner - 2, No. of staff can be increased as per requirement of Dietary Department. Kitchan dietican 3 (Msc food and nutrition) with 6 months internship.
- 15. The vendor shall employ only those persons >18 years of age in the kitchen who are found to be medically fit without skin disorder of any kind. Hospital reserves its rights to examine any of the employees for medical fitness without prior notice. Expenses, if any incurred on medical examination of such employees, shall be borne and paid by the vendor.
- Vendor to arrenge modular kitchen and size appropriate machinery and maintain that. 16
- The employee of the vendor should behave respectfully from officers, employee of the 17 hospital, Patient & their relatives. Indulging in any social activities if identified should be immediately removed from the job.
- 18 (a) Liquid diet preparation at seprate place in kitchen.
 - (b) Cost of disposable item will be beared by services provider in case of liquid diet or when required by cims, disposable < 20/patient per day may be required for unknown person for free.
- 19. (a) Trolly to serve 5 hot trolly, 2 liquid trolly number of trolly to be increased as per patient needs.
 - (b) Charging point of hot trolly to be prepared by vendor (six charging port) free on cost.
 - (c) Mandatory dishwasher to maximum capacity and Maintenance of that.
- 20. The Service provider agency is expected to keep on updated record of purchase, they should UV/RO water for cooking so installation for UV/RO filtration to be done by service provider proper capacity.
- Inventroy records to be mentained of purchase to be kept, expiry date to be maintened 21. and cheked by service providers dietican.
- 22. Appropriate measure to be taken by service provider for storage of food item and refrigenetion for food item needing refrigerator.

23. Banberry a appropriate size for keeping food hot.

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- 24. Vender should install a CCTV camera in kitchen.
- 25. Special menu should be given on national/religious festival in accordance of dietician.
- 26. Vender should ensure that no effect on service in breakdown of machinery.

b. Wages to employees and Insurance

The vendor shall comply with the laws applicable to employees working in the kitchen regarding working hours, minimum wages, safety, cleanliness, leave, over time allowances, provident fund, retrenchment benefit, medical benefit etc. If on account of non-compliance with the provisions of any such laws, respective Medical College is called upon to make any payment to or in respect of his employees, the vendor shall fully reimburse to Institute all such payment and Institute shall be free to make deductions on this account from the amount of Security Deposit, in which case, the vendor shall immediately pay to the Institute such amount as may be necessary to make up the required security Deposit, or from the dues which may be payable by Institute to the vendor. The vendor will sign an Indemnity Bond in favor of Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur to this effect.

c. Security and safety

Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur shall not be held responsible for any loss or damage due to any reasons what so ever to any type of inventory that may be kept in the said Kitchen store by the vendor. The premises provided to the vendor should only be used for the purpose as mentioned in the contract (and any other material). Under no circumstances, should the premises be used for any other purpose, then what has been mentioned in the contract disposable of garbage is responsibility by vendor.

d. Payment to wards Electricity and Rents

Electricity bill will be worn by the vendor only after installation of the sub meter by the institute and it is to be paid as per actual.

e. Commitments by the hospital

1. Space and accommodation requirement

- i. Sufficient space will be provided by the institution along with electrical and water connection. If required extra alteration, civil work will be done by bidder at its cost.
- ii. Subsequent maintenance including electrical and civil works in the kitchen area will be done by the successful bidder

2. Kitchen Dietician

The kitchen dietician from the Institute will be the overall supervise so that proper dietary services are followed.

f. Obligation of the contractor

It is the responsibility of the contractor to provide dietary services to the hospital irrespective of any unforeseen events (Natural calamity, Health emergencies like Epidemics/Pandemics). In case of failure to do so, Criminal Proceedings may be initiated against the bidder in addition to financial penalty.

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The bidder shall arrange quality ration items from the market at his own cost required for contract services. The contractor will prepare and make supplied diet as per specifications given in the **Annexure-III**. Ration so procured will have to meet the optimum quality and be to the satisfaction of the patients and to ensure the following:-

- 1) Preparation, processing and cooking of food and to ensure that the same is supplied/distributed and served at fixed timing as per the diet schedule in the requisite area-
- i) To make arrangements for deployment of staff and supervise their work.
- ii) All the workers to be deployed will get declared medically fit fromany Government hospital at the start of contract period. There after, their health check-up will be done twice in a year ie. after every six months at the cost of the contractor. Immunization of the workers for different infective diseases shall be done by the contractor at his own cost.
- iii) All workers of the contractor shall wear the prescribed uniform at the time of duty and shall display identity cards so supplied by the contractor.
- iv) The contractor shall supply a list of all the workers so deployed to the office of the Medical Superintendent/Consultant/ Dietician before they are put to work. Similarly, he/she will also inform immediately in case any workers has been changed.
- v) All the workers shall be paid the wages by the contractor as per the Labour Laws and he/she shall submit a certificate every month in this regard.
- vi) All workers deployed shall primarily be the workers of the contractor. The Institute will have no obligation; the staff hired by contractor will have no right to claim any job from Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur on this account.
- vii) The contractor will ensure bed to bed meal services to patient at hospital with in the prescribed timings. The contractor will ensure that the food / the therapeutic diet is served to the patients by their beds in each ward at all levels in trays as prescribed and the empty trays are collected back after meals for cleaning.
- 2) The contractor shall be liable to obtain any license (s) under the Food Act at his own from the Competent Authority as required under the relevant rules and submit a copy of the same to the Institute.
- Routine day to day maintenance of the area relating to Public Health, Civil & Electrical services will be the responsibility of the contractor.
- 4) The cleanliness of the area is the entire responsibility of the contractor. He will engage safaiwalas/cleaning karamchari at his own cost. He shall ensure that all waste so generated in the area is transported in appropriate manner to the designated refuse points in the hospital.

5) Catering activities will be carried out on all days of work all the year round (365 days) including Sundays and holidays (inclusive of epidemic/pandemic situations).

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- 6) The food is to be provided in SS trays and should be properly wrapped with permitted wrapping material (polythene/aluminium foil).
- 7) In case of certain situation where administration orders food to be provided indisposable trays, the additional cost of disposable trays will be borne by the employer.
- 8) All raw foods products to be purchased from the reputed Govt. laboratory tested certified agencies. Bread, Curds (packed) & Milk (3% fat) toned will be purchased from the reputed company. Concerned Dietician / Chief Dietician / any other officer so deputed for the purpose will moniter that all the conditions specified above is fulfilled.
- 9) It will be the responsiblety of the vender for transportation of the prepared diet to the patient according to specific requirement in a coverd hot trolly with sufficient no of hot trolly should be arranged by the vendor.

10) For Cooked foods:-

- i. Hospital Management may check these products at any point of time for quality control in terms of adulteration, freshness, color, portion control, weight, taste, temperature, appearance and palatability.
- ii. Standardization of the recipe will be done from time to time in presence of the Dietician.
- iii. The preparation of menu will be set by the Dietician from time to time as per the season and seasonal fruits and vegetables available from the market.

g. Reports and instructions:

- a) The Contractor/ his representative shall take daily instructions/orders regarding diets/ feeds changes on daily basis as per the patients' needs as mentioned in the Annexure-IV or the work to be under taken or relating to the contract from the Dietician/anyo ther officer assigned for the job that shall be officer in- charge to supervise the work of the contractor and verify the bill accordingly.
- b) The concerned Dietician shall be entitled to deviate either by addition or by deletion of items of work in the said specification.
- c) Routine notices / instructions / orders shall be given by the Dietician / any other officer so deputed by the Institute.
- d) Testing Format:- it will be contractors responsibility to takw testing report 30-45 minutes prior to serving every meals from diet-inchage/consultant in prescribed proforma

S.N.	Date	Meal Name	Presentation of food served	Accroding to menu yes /no	Palatibility		Remark	
					Taste	Smell	Consistancy	
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- 1. Unsatisfactory
- 2. Satisfactory
- 3. Good
- 4. Very Good
- 5. Excellent

Person Respansible:-

- Dietician (Must)
- Matran office
- CMO
- Ms or any person designated by then.
- Dupty MS
- Dean or any person designated by then.
- HOD"S

A roster will be made by dietician/MS accordingly

h. Time of Start the Patient Diet Kitchen Services at CIMS Medical College in Chhattisgarh

The work shall deemed to be commenced within 15 days from the date of acceptance letter or date of handling over of Patient Diet Kitchen Site at Hospital place, which ever is earlier. However the contract will be applicable after the completion/termination of the previous allotted contract for the dietry services in the hospital. Time is the essence of the contract and shall be strictly observed by the Contractor.

i. Blacklisting

- 1 The Bidder who submits false, forged of fabricated documents or conceals facts with intent to win over the Bid or procure purchase order; bid security Deposit of such Bidder firm will be forfeited and firm will be liable for black listing for a period of not less than 2 years/or indefinitely. The firm will also be liable for legal action depending on the facts and circumstances of the case.
- 2 If the successful Bidder fails to execute the agreement after being declared as QBS: H-1 to perform the obligations under the Bid conditions, Bid Security Deposit of such Bidder firm will be forfeited and firm will be liable for black listing for a period of not less than 2 years or the period specified in Bid document.
- 3 The Bidder who have withdrawn after participating in the tender either fully or partially, the entire firm/company will be black listed for a period of 2 years from the date of intimation apart from for feiture of the Security Deposit/EMD.

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4 Blacklisting for Quality failure: The Bidder should provide good quality and quantity food. If the penalty imposed is 3 months in a year, the contract shall be liable for termination and also the bidder shall be black listed for the period of 2 years.

Other Important instructions

- 1- All the Bid documents should be duly signed by the bidder
- 2- The purchaser shall have all rights to modify, addition, subtraction of any term (s) and condition(s) of the tender and different bids there in during any time of tender process, which shall be communicated to the bidder by offline template.
- 3- The selection of Bidders shall be carried out through tender process. Tendor should be submitted by speed post/registered post.
- 4- Tender document may be downloaded from the website: www.cimsbilaspur.ac.in
- 5- The bidders shall be solely responsible for checking these websites for any addendum/amendment issued subsequently to the bid document and take into consideration the same while preparing and submitting the bids.
- 6- The initial period of contract shall be for Two years which may be further extended for a period of 1 year by mutual agreement depending on performance of the Agency and at discretion of the Dean Chhattisgarh Institute of Medical Science Bilaspur Chhattisgarh.
- 7- Bidders are advised and required to go through the guidelines regarding tendor and submission of tender documents which can be downloaded from www.cimsbilaspur.ac.in
- 8- Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur Chhattisgarh will be the final authority for any changes in tender terms.
- 9- The bid shall be valid and open for acceptance of the competent authority for a period of 180 days from the date of opening of the tenders and no request for any variation in quoted rates And / withdrawal of tender on any ground by successful bidder shall be entertained.
- 10-To assist in the analysis, evaluation and computation of the bids, the competent authority, may ask bidders individually for clarification of their bids. The request for clarification and the response shall be in writing but no change in the price or substance of the bid offered shall be permitted.
- 11- After evaluation, the work shall be awarded normally to the Agency fulfilling all the conditions and who has obtained the highest score as per **Annexure-V**.
- 12-The agency should comply with the minimum wages act with the employees appointed under the condition of the contract as per the prevailing labor laws.
- 13-At the end of contract period, the vendor will be responsible for handing over all the equipment / machines provided by the hospital infully functional working condition failing which the amount incurred for repair / replacement will be deducted from his dues/security deposit.

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14 - * Food stored /prepared /disposed according to FSSAI guidline.

* Food sample to be stored in refrigation for at leat 24 hrs

15- Bennarry should be used during traying and of appropriate size and capacity

Dean, Chhattisgarh Institute of **Medical Science CIMS** Bilaspur, Chhattisgarh

De Viet bountour

Contract Agreement Format

(To be made on Rs.100.00 Non Judicial Stamp Paper)

DRAFT AGREEMENT FORMAT

Twenty express	reement is made at Bilaspur on the Three the (Name of the College / Universion shall, unless repugnant to the context or a tits successors, legal representatives and as sign	sity) (herein meaning there	after e of be	called 'Clie	nt' whi	ch
	Second Part					
M/s		, having	its	registered	office	at
	n after called the 'Agency' which expression usuallude its successors-in-interest assigns etc.) of the			the context s	hall mea	an
desirou	EAS the Dean Chhattisgarh Institute of medicals to engage the Agency' for providing Dietar sigarh state on the terms and conditions stated by	y Services fo			0.00	
	In this Agreement words and expressions respectively assigned to them in the Conditions			-	gs as a	re
	The Following documents shall constitute the 6 & Agency. And each shall be read and construe				•	ur
	- This contract agreement					
	- General terms and conditions of tender docu	ıment				

- Technical requirement
- Agency bid and original price schedule

Special conditions of tender document

- Work order
- 3. The Agency shall be solely responsible for compliance to provisions of various Labour, Industrial and any other laws applicable and all statutory obligations, such as, Wages, Allowances, Compensations, EPF, Bonus, Gratuity, ESI, etc. relating to security personnel deployed in CIMS Hospital Bilaspur. The 'Client' shall have no liability in this regard.
- 4. The Agency shall be solely responsible for any accident / medical / health related liability /compensation for the personnel deployed by it at CIMS Hospital Bilaspur site. The 'Client' shall have no liability in this regard.

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- 5. Any violation of instruction /agreement or suppression of facts will attract cancellation of agreement without any reference or any notice period.
- 6. The contract can be terminated by giving three-month notice on either side.
- 7. Incase of non-compliance with the contract, the 'Client' reserves its right to:
- a. Cancel / revoke the contract; and/or

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- b. Impose penalty upto 10% of the Total Annual Value of contract.
- 8. Security Deposit equal to 05% of the Annual Contract Value (refundable after two months of termination of contract) in the form of D.D. shall be furnished by the 'Agency'at the time of signing of the Agreement.
- 9. The 'Agency' shall be fully responsible for timely monthly payment of wages and any other dues to the personnel deployed in CIMS Hospital kitchen
- 10. The 'Agency' also agrees to comply with annexed Terms and Conditions and amendments there to from time to time.
- 11. Decision of Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur, Chhattisgarh in regard to interpretation of the Terms and Conditions and the Agreement shall be final and binding on the 'Agency'.
- 12. The 'Agency' shall ensure full compliance with tax laws of India with regard to this Contract and shall be solely responsible for the same. The 'Agency' shall keep 'Client' fully indemnified against liability of tax, interest, penalty etc of the 'Agency' in respect there of, which may arise.
- 13. Incase of any dispute between the 'Agency' and 'Client', Dean, Chhattisgarh Institute of medical Science CIMS Bilaspur, Chhattisgarh shall have the right to decide. However, all matters of jurisdiction shall be at the local courts located work place.
- 14. All the terms & conditions in the tender document will be part of the agreement and remain applicable during contract period.

15.		
THIS AGREEMENT will take effect from	day of	Two
thousand twenty-three shall be valid for 02 years. Aft	er completion of contract, if t	he employer
is satisfied with the service of the contractor, the contractor	ract will be extended further or	ne year.

IN WITNESS WHERE OF both the parties here to have caused the irrespective common seals to be here unto affixed / (or have here unto set their respective hands and seals) the day and year mentioned above in Bilaspur in the presence of the witness:

16. For and on behalf of the 'Agency' For and on behalf of the (Name of the College / University)

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Signature of the authorized Official	Signature of the authorized Official
Name of the Official	Name of the Official
Stamp/ Seal of the 'Agency' SIGNED, SEALED AND DELIVERED	By the said
By the said(Name)	(Name)
17. On behalf of the 'Agency' in presence of	on behalf of the (College / University) presence of
WitnessNameAddress:	Witness Name Address
	Annevures

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ANNEXURE-I

DETAILS OF SATISFACTORY COMPLETED WORKS OF SIMILAR NATURE AND COMPLEXITY

(Name of work-Outsourcing of Dietary services)

S. No. No. of Beds in hospital No. provided in last seven years.	No. of persons catered per year	From -To	Contracted Amount (Rs. Per Month with TDS) indicatingthe rate of per meal	Reason for Termina tion	Quality remark
--	---------------------------------	-------------	---	----------------------------------	-------------------

Note- Please must attach/enclosed supporting documents for the above information and The Tenderer should have been in business in dietary service for which the quotation /tender are submitted. The vendor on a non- judicial stamp paper should give a declaration to the effect. The firm should also submit list of organization where it is running its service in the last 7 years. The vendor is required to submit performance report from such organization where it has been providing services in dietary indicating no. of bed in case of hospital/no. of persons to whom the dietary services catered in the years and contracted amount per year.

Signature of the Tenderer with seal Name-Designation-

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ANNEXURE-II

Declaration by the Bidder

This is to certify that I/We before signing this tender have read and fully understood all the terms and conditions contained here in and undertake myself/ our selves to abide by them. I/we also declare that my/our firm has not been blacklisted.

Note- To be given on Rupees 100 Stamp Paper and Should be Notrified.

	(5.8
	Name:
	Address:
Place:	
Date:	

(Signature of Bidder with seal)

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ANNEXURE-III

A. For 6-12 Month Child

Calorie - 80 kal/Kg/Day (680 Day)

Protein: - 14.19 gm/Day

Food Item	Quantity
Cereals	45 gm
Pulses	15 gm
Root Vegetable	200 gm
Milk (Skimmed)	100 ml
Banana	100 gm
Small Bread	8-10 gm (1 Slice)
Sugar	15 gm
Oil	17.5 ml
Miscellaneous	
(Spices and Salt)	

Diet Plan-1

Menu Pattern	Meals	Quantity	Prepared
Early Morning			
Break Fast	पतली खिचडी / पतला दलिया / पतली खीर	Rice-15 gm	1 Cup
	/ दुध ब्रेड /		
	मसला हुआ उबला आलू	Potato - 50	½ Cup
Mid Morning	मसला हुआ केला+	Banana - 50	1 Small
	दुध (Milk)	Milk - 50	Bowl
Lunch	दाल+ veg mix पतली खिचडी या पतला	Rice – 15	
	दलिया / दालरोटी+ मसाला हुआ आलु	Dal -10	1 Bowl
	Title of the second sec	Veg – 50	I DOWI
		Potato – 50	
Evening Snack	म्सला केला+ दुध+ ब्रेड / लाई / मुरा (भिगा	Banana -50	
	हुआ) / खीर (चावल / सूची / दलिया)	1 Small Slice	1 Bowl
		Bread +	I DOWI
		100 ml Milk	
Dinner	पतली खिचडी+मसला उबला हुआ आलू या	Rice – 15 gm	i ii
	दालरोटी (दाल मे रोटी भीगा तथा मसला	Dal – 5 gm	1 Bowl
	हुआ)	Potato – 100 gm	

:-प्रतिदिन 1 चम्मच घी का उपयोग करें।

:- Food Should be Served in honey like consistency / advice from dietitian/ Consultant should to taken revive to serve Food

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^{:-}सभी भोज्य पदार्थों को नर्म तथा मसलकर करें

^{:-}Break Fast Should be encouraged

B. For 1-3 Year Child

Calorie - 1060 kal Protein:- 16.7

Food Item	Quantity
Cereals	60
Pulses	30
Root Vegetable	250
Milk (Skimmed)	100 ml
Bread	1 Slice 20-24 gm
Banana	150 gm
Jam	10 gm
Sugar	15 gm
Rajgira laddo	13-15 gm 1 Pics
Sago	12.5 gm
Oil	25 ml
Miscellaneous (Spices &	
Salt)	

Diet -2

Menu Pattern	Meals	Quantity	Prepared
Early Morning			
Break Fast	Daliya / Khir / khichdi / Upma /	15 gm	1 Cup
	Boiled Mashed Potato	50 gm	½ Cup
Mid-Morning	Mashed Banana +	100 gm	1 Bowl
	Bread (Bread Jam)	20-24 gm	1 Slice
	Jam	10 gm	2 tsp
Lunch	Khichdi (Veg + Dal Mix) Rice	25 gm	1 Bowl
	Dal Roti (medium Size) Dal	20 gm	1 Bowl
	Boiled Potato Shabji	100 gm	1 Bowl
Evening Snack	Sago Khir + (Sago	12.5 gm	l Bowl
	Milk	100 ml	
	Banana	50 gm	1 Small Slice
	Rajgira laddo	13.5	1 Pics
	Sugar	15 gm	
Dinner	Boiled Potato Sabji	100 gm	1 Bowl
	Dal	10 gm	½ Bowl
	Rice	20 gm	1 Small Bowl
	Khichdi/ Dal Roti (Small Size)/ Mashed		I Siliali Bowl
	Rice		

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C. For 4-6 Year Child

Calorie - 1350 kal Protein: - 20.1 gm

Food Item	Quantity
Cereals	60 gm
Pulses	30 gm
Root Vegetable	120 gm
Milk (Skimmed)	100 ml
Egg (Whole)	60 gm
Banana	150 gm
Murra laddo	20 gm (1 pics)
Sago	25 gm
Bread	20- 25 gm (1 Slice)
Jam	20 gm
Sugar	20 gm
Butter	5 gm
Oil	25 ml
Miscellaneous (Spices & Salt)	

Diet -3

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Milk (Skimmed)	100 ml	l cup
Break Fast	Upma / Daliya / Sujikhir / Chila	20 gm	1 cup
	Boiled Potato (Salt) Fry	50 gm	1 small Size
	Boiled Egg whole	60 gm	1 nos
Mid-Morning	Bread	20-25 gm	1 Slice
	Jam (Bread Jam)	20 gm	2 tsp
	Banana	100 gm	1 Medium
			Size
Lunch	Khichdi / Rice / Roti (1 medium)	25 gm	1 Cup
	Dal	20 gm	1 Cup
	Potato Veg Kari Sabji	100 gm	1 Bowl
Evening Snack	Sago khichdi / Sago Chila / Sago Wada	25 gm	1 Bowl
*	with Butter	5 gm	1 tsp
	Banana	50 gm	1 Small Slice
	Murraladdo	15-20 gm	1 Pics
Dinner	Dal Veg Mix Khichdi / Dal Rice		
	Rice	15 gm	1 Bowl
	Dal	10 gm	
	Potato Veg Kari Sabji	100 gm	1 Bowl

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D. For 4-6 Year Child

Calorie - 1690 kal Protein:- 29.5 gm

Food Item	Quantity	
Cereals	90 gm	
Pulses	30 gm	
Other Vegetable	100 gm	
Root Vegetable	300 gm	
Milk (Skimmed)	100 ml	
Egg (Whole)	60 gm	
Banana	150 gm	
Bread (Big Size)	40- 50 gm (2 Slices)	
Sago	25 gm	
MurraLaddo	30-40 gm (2 pics)	
Jam	30 gm	
Butter	10 gm	
Sugar	25 gm	
Oil	25 ml	
Miscellaneous (Spices & Salt)		

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Milk	100 ml	l cup
Break Fast	Daliya /Upma / Poha / Chila	15 gm	1 cup
	Boiled Egg whole	60 gm	1 Pics
	Banana (Small Size)	50 gm	1 nos
Mid-Morning	Banana (medium size)	100 gm	1 pics
	MurraLaddo	20 gm	2 Pics
	Bread Jam	20 gm	1 slice
Lunch	Dal	30 gm	1 bowl
	Roti /Rice	30 gm	1 bowl
	Potato Kari (Mix Veg) Sabji	150 gm	1 bowl
		50 gm	1/2 bowl
Evening Snack	Sago khichdi / Sago Chila / Sago Wada	25 gm	1 bowl
	with Butter	10 gm	2 tsp
	Murraladdo	20 gm	1 Pics
	Bread jam	20 gm	1 Slice
Dinner	Mix Veg Khichdi / Rice	30 gm	1 bowl
	Sabji	100 gm	1 bowl
	Potato Fry	50 gm	1 bowl
	Salad	50 gm	1 bowl
2	Rest Que Mars		God Pag

E. For 10-12 Year Boy

Calorie – 2190 kal Protein:- 39.9 gm

Food Item	Quantity
Cereals	120 gm
Pulses	45 gm
Other Vegetable	200 gm
Root Vegetable	400 gm
Egg (Whole)	60 gm
Milk (Skimmed)	200 ml
Bread	40- 50 gm (2 Slices)
Banana	300 gm
Sago	25 gm
MurraLaddo	30-40 gm (2 pics)
Jam	30 gm
Butter	10 gm
Sugar	30 gm
Oil	30 ml
Miscellaneous (Spices & Salt)	

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Milk	100 ml	1 cup
Break Fast	Daliya / Upma / Poha / Chila(Veg mix)	15 gm	1 cup
	Boiled Egg whole	60 gm	1 Pics
	Murra Laddo	20 gm	1 Pics
	Vegetable	100 gm	
Mid-Morning	Banana (medium size)	150 gm	1 pics
	Bread Jam	40 gm	2 slice
Lunch	Rice + Roti medium size	45 gm	1 bowl+ 1 pics
	Dal	30 gm	1 bowl
	Mix veg sabji (Potato Mix)	150 gm	1 bowl
	Salad	100 gm	1/2 bowl
Evening Snack	Sago khichdi / Sago Chila / Sago Wada	25 gm	1 bowl
	with Butter	10 gm	2 tsp
	Murra laddo	20 gm	1 Pics
3 8	Banana medium size	150 gm	1 Pics
Dinner	Rice + Roti	60 gm	1 bowl+ 1 pics
	Dal	15 gm	1/2 bowl
	Potato Fry	100 gm	1 bowl
	Mix Veg	100 gm	1 bowl
	Salad	50 gm	1 bowl
Bed Time	Milk	100 ml	1 cup
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E. For 10-12 Year Girls

Calorie – 2110kal Protein: -40.4 gm

Food Item	Quantity		
Cereals	120 gm		
Pulses	45 gm		
Root Vegetable	400 gm		
Other Vegetable	200 gm		
Milk (Skimmed)	200 ml		
Egg (Whole)	60 gm		
Bread	40- 50 gm (2 Slices)		
Banana	200 gm		
Sago	25 gm		
Murra Laddo	15-20 gm (1 pics)		
Jam	30 gm		
Sugar	32gm		
Butter	10 gm		
Oil	30 ml		
Miscellaneous (Spices & Salt)			

Meals	Quantity	Prepared
Daliya / Upma / Poha / Chila	30 gm	1 bowl
Boiled Egg whole	60 gm	1 Pics
Murra Laddo	20 gm	1 Pics
Banana	100 gm	1 pics
Bread Jam	40 gm	2 slice
Jam	30 gm	3 tsp
Rice + Roti	60 gm	1 bowl+ 1 pics
Dal	30 gm	l bowl
Potato Fry (Mix veg)	150 gm	1 bowl
Salad	100 gm	1 bowl
Sago khir / Sago Chila / Sago Wada	25 gm	2 pics
Veg mix + with	50 gm	
Butter	10 gm	2 tsp
Banana	100 gm	1 pics
Rice	30 gm	1 bowl
Dal + Veg Mix	15 +100 gm	1 bowl
Potato Kari	100 gm	½ bowl
Salad	50 gm	1 bowl
Milk	100 ml	1 cup
2 herest comercing	(a) O	Page 35 of
	Daliya / Upma / Poha / Chila Boiled Egg whole Murra Laddo Banana Bread Jam Jam Rice + Roti Dal Potato Fry (Mix veg) Salad Sago khir / Sago Chila / Sago Wada Veg mix + with Butter Banana Rice Dal + Veg Mix Potato Kari Salad Milk	Daliya / Upma / Poha / Chila Boiled Egg whole Murra Laddo Banana Bread Jam Jam Alog gm Alog gm



F. For 13-15 Year Boys

Calorie – 2750 kal Protein:-54.3 gm

Food Item	Quantity
Cereals	150 gm
Pulses	60 gm
Other Vegetable	300 gm
Root Vegetable	400 gm
Milk (Skimmed)	300 ml
Curd	100 gm
Egg (Whole)	60 gm
Bread	50- 60 gm (3 Slices)
MurraLaddu	2 pcs
Banana	300 gm
Sago	400 gm
Sugar	35 gm
Jam	40 gm
Butter	15 gm
Oil	35 ml
Miscellaneous (Spices &	
Salt)	

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Milk	200 ml	1 glass
Break Fast	Daliya / Upma / Poha / Chila/Idali	30 gm	1 cup
	Boiled Egg whole	60 gm	1 Pics
	Banana (Big size)	150 gm	1 Pics
	Murra Laddo	20 gm	1 pics
Mid-Morning	Bread with	3 Slice	3 Slice
J	Jam	40 gm	4 tps
	Murra Laddu	20 gm	1 pcs
Lunch	Rice + Roti	60 gm	1 bowl+ 1 pics
	Dal	30 gm	1 bowl
	Mixveg sabji	150 gm	1 ½ Bowl
	Salad	150 gm	1 bowl
	Curd	100 gm	1 bowl
Evening Snack	Sago khir / Sago Khicdi / Sago Wada Veg	40 gm	4 pics
8	mix + with	100 gm	
	Butter	15 gm	3 tsp
	Banana	150 gm	1 pics
Dinner	Dal	30 gm	1 bowl
	Rice+ Roti	60 gm	1 bowl+1 pics
	Mix veg potato fry	150 gm	1½ bowl
	Salad	150 gm	1½ bowl
Bed Time	Milk	100 ml	1 cup
	De Cy River Sometic	19	Page 36 of

F 2. For 13-15 Year Girls

Calorie – 2330 kal Protein:- 51.9 gm

Food Item	Quantity
Cereals	150 gm
Pulses	60 gm
Other Vegetable	300 gm
Root Vegetable	400 gm
Milk (Skimmed)	300 ml
Curd	100 gm
Bread	40- 50 gm (2 Slices)
Banana	200 gm
Egg (Whole)	60 gm
Murra Laddu	30-40 gm (2 pcs)
Jam	20 gm 2 tps
Sugar	25 gm
Butter	10 gm
Sago	25 gm
Oil	30 ml
Miscellaneous (Spices &	
Salt)	

Diet -8

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Milk	200 ml	1 glass
Break Fast	Daliya / Upma / Poha / Chila /Idali	30 gm	1 cup
	Boiled Egg whole	60 gm	1 Pics
	Banana (Medium size)	100 gm	1 Pics
	Murra Laddu	20 gm	1 pics
Mid-Morning	Bread with	40 gm	2 Slice
	Jam	10 gm	2tps
	Murra Laddu	20 gm	1 pcs
Lunch	Rice + Roti	60 gm	1 bowl+ 1 pics
	Dal	30 gm	1 bowl
	Mix veg sabji	150 gm	1 ½ Bowl
	Salad	150 gm	1½ bowl
	Curd	100 gm	1 bowl
Evening Snack	Sago chila / Sago Khichdi / Sago Wada	25 gm	2 pics /1 bowl
	Veg mix	100 gm	
	Banana (Medium size)	100 gm	1 pics
Dinner	Dal	30 gm	1 bowl
	Rice+ Roti	60 gm	1 bowl+1 pics
	Mixveg Sabji	100 gm	1 bowl
	potato fry	150 gm	½ bowl
	Salad	100 gm	1 Bowl
Bed Time	Milk	100 ml	1 cup
- / MASS	h Or level bours	300	Page 37 of 50

W Chart bowerous

G. 1. For 16-17 Year Boys

Calorie – 3020 kal Protein:- 61.5 gm

Food Item	Quantity
Cereals	180 gm
Pulses	60 gm
Other Vegetable	300 gm
Root Vegetable	400 gm
Milk (Skimmed)	300 ml
Egg (Whole)	60 gm
Curd	100 gm
MurraLaddu	30-40 gm (2 pcs)
Banana	300 gm
Sago	30 gm
Jam	40 gm
Sugar	40 gm
Bread	4 Slice
Butter	15 gm
Oil	40 ml
Miscellaneous (Spices &	
Salt)	

Diet - 9

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Milk	200 ml	1 glass
Break Fast	Daliya / Upma / Poha / Chila /Idali	30 gm	1 cup/ 2pics
	Boiled Egg whole	60 gm	1 Pics
	Banana (Big size)	150 gm	1 Pics
	MurraLaddu	20 gm	1 pics
Mid-Morning	Bread with	4 slice	4 Slice
-	Jam	40 gm	4 tps
	MurraLaddu	20 gm	1 pcs
Lunch	Rice + Roti	90 gm	1 bowl+ 2 pics
	Dal	30 gm	1 bowl
	Mixvegsabji	150 gm	1 1/2 Bowl
	Salad	150 gm	1 ½ bowl
	Curd	100 gm	1 bowl
Evening Snack	Sago wada / Sago chila / Sago Khichdi	50 gm	4 pics
_	Veg mix	100 gm	
	Butter	15 gm	3 tsp
	Banana (Big size)	150 gm	1 pics
Dinner	Dal	30 gm	1 bowl
	Rice+ Roti	60 gm	1 bowl+1 pics
	Mixveg Sabji	150 gm	1 ½ bowl
	Salad	100 gm	½ bowl
Bed Time	Milk	100 ml	1 cup

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G. 1. For 16-17 Year Girls

Calorie – 2440 kal Protein:- 55.5 gm

Food Item	Quantity
Cereals	180 gm
Pulses	60 gm
Other Vegetable	300 gm
Root Vegetable	400 gm
Milk (Skimmed)	300 ml
Curd	100 gm
Egg (Whole)	60 gm
Bread	40-50 gm (2 Slice)
Banana	200 gm
Sago	25 gm
Murra Laddu	30-40 gm (2 pcs)
Jam	20 gm
Sugar	25 gm
Butter	15 gm
Oil	35 ml
Miscellaneous (Spices & Salt)	

Diet -10

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Milk	100 ml	1 cup
Break Fast	Daliya / Poha/Upma / Idli / Chila	30 gm	1 cup/2pics
	Boiled Egg whole	60 gm	1 Pics
	Banana (Medium size)	150 gm	1 Pics
	Murra Laddu	20 gm	1 pics
Mid-Morning	Bread +	80-100 gm	4 Slice
30000000000000000000000000000000000000	Jam	400 gm	4 tps
	Murra Laddu	20 gm	1 pcs
Lunch	Rice + Roti	90 gm	1 bowl+ 2 pics
	Dal	30 gm	1 bowl
	Mixveg sabji	150 gm	1 ½ bowl
	Salad	150 gm	1 ½ bowl
	Curd	100 gm	1 bowl
Evening Snack	Sago wada / Sago chila / Sago Khichdi	50 gm	4 pics
	Butter (Veg mix)	15 gm	3 tsp
	Banana (Medium size)	150 gm	1 pics
Dinner	Dal	30 gm	1 bowl
	Rice+ Roti (Medium Size)	60 gm	1 bowl+1 pics
	Mixveg Sabji	150 gm	1 1/2 bowl
	Salad	100 gm	1½ bowl
Bed Time	Milk	100 ml	1 cup

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Calorie - 1800 kal Protein:- 67.5 gm Cho:-267.7 gm Fat:-51 gm

Food Item	Quantity	
Cereals	240 gm	
Pulses	60 gm	
Egg Whole/ Paneer (40 gm) / chhera (40 gm)	60 gm	
Other Vegetable	500 gm	
Root Vegetable	100 gm	
Milk (Skimmed)	400 ml	
Curd	100 gm	
Fruit B	100 gm	
Sugar	20 gm	
Oil	20ml	
Miscellaneous (Spices & Salt)		

Diet - 11

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Tea/Milk	100 ml	1 Cup
Break Fast	Daliya / Upma / Poha / Chila(बेसन / सूजी)	30 gm	1 Katori
	Veg Mix	100 gm	
	Boiled Egg Whole	60 gm	1 Pics
Mid-Morning	Fruit	100 gm	1 Katori
	Milk/ Lassi/ডাড	100 MI	1 Cup
Lunch	Rice + Roti	120 gm	2 Katori+ 2 pics
	Dal	30 gm	1 Katori
	Mixveg sabji	100 gm	1 Katori
	Salad	100 gm	1 Katori
	Curd	100 gm	1 Katori
Evening Snack	फुटा चना / भुना ज्वार / बाजरा / मखाना / पापकार्न	15 gm	1 Katori
	Tea/Milk	100 M1	1 Cup
Dinner	Rice+ Roti	90 gm	1 Katori+2 Pics
	Dal	30 gm	1 katori
	Sabji (mix vegetable)	100 gm	1 Katori
	Salad	100 gm	1 Katori
	Milk	100 ml	1 cup

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Calorie – 2000 kal Protein:- 75 gm Cho:- 297.5 gm Fat:-56.6 gm

Food Item	Quantity	
Cereals	300 gm	
Pulses	60 gm	
Other Vegetable	500 gm	
Root Vegetable	100 gm	
Egg Whole/ Paneer (40 gm) / chhera (40 gm)	60 gm	
Milk (Skimmed)	400 ml	
Curd	100 gm	
Fruit B	100 gm	
Sugar	20 gm	
Oil	20ml	
Miscellaneous (Spices & Salt)	_	

Diet - 12

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Tea/Milk	100 ml	1 Cup
Break Fast	Daliya / Upma / Poha / Chila+Rice/Moon	60 gm	
	(बेसन / सूजी)		2 Cup
		100 gm	1 Pics
	Veg Mix	60 gm	
	Boiled Egg Whole		
Mid-Morning	Fruit	100 gm	1 Katori
	Milk	100 Ml	1 Cup
Lunch	Rice + Roti	90 gm	1 Katori+ 2 pics
	Dal	30 gm	1 Katori
	Mix veg sabji	100 gm	1 Katori
	Salad	100 gm	1 Katori
	Curd	100 gm	1 Katori
Evening Snack	फुटा चना/बाजरा/मखाना/पापकार्न/चीला/उपमा	30 gm	2 Pics
	Veg Mix	100 gm	
Dinner	Rice+ Roti	120 gm	2 Katori+2 Pics
	Dal	30 gm	1 katori
	Sabji (mix vegetable)	100 gm	1 Katori
	Salad	100 gm	1 Katori
	Milk	200 ml	1 glass

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Calorie - 2200 kal Protein:- 82.5 gm 327 gm Cho:-62.2 gm Fat:-

Food Item	Quantity	
Cereals	300 gm	
Pulses	75 gm	
Other Vegetable	500 gm	
Root Vegetable	200 gm	
Milk (Skimmed)	400 ml	
Curd	100 gm	
Fruit B	100 gm	
Egg Whole/ Paneer (40 gm) / chhera (40 gm)	60 gm	
Sugar	20 gm	
Oil	30 ml	
Miscellaneous (Spices & Salt)	 	

Diet - 13

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Tea/Milk +	100 ml	1 Cup
	Biscut	4 pics	4 pics
Break Fast	Daliya/Upma/Poha/Chila (बेसन / मुंग / चावल)	60 gm	2 Katori
	Veg Mix	100 gm	1 Katori
2000 50 90 90	Boiled Egg Whole	60 gm	1 Pics
Mid-Morning	Fruit	100 gm	1 Katori
	Milk	100 ml	1 Cup
Lunch	Rice + Roti	120 gm	2Katori+ 2 pics
ų.	Dal	30 gm	1 Katori
	Mix veg sabji (सूखी)	200 gm	1 ^{1/2} Katori
	Salad	100 gm	1 Katori
	Curd	100 gm	1 Katori
Evening Snack	चीला/उपमा/सूजीचीला/फुटा	30 gm	2 Pics
**	Veg Mix	100 gm	1 cup
	फुटाचना / ज्वार / बाजरा / मखाना / पापकार्न	15 gm	1 Katori
Dinner	Rice+ Roti	90 gm	1 Katori+2 Pics
	Dal	30 gm	1 katori
	Sabji (mix vegetable)सूखी सब्जी	100 gm	1 Katori
	Salad	100 gm	1 Katori
	Milk	200 ml	1 glass

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Calorie – 2400 kal Protein:- 90 gm 357 gm Cho:-68 gm Fat:-

Food Item	Quantity
Cereals	330 gm
Pulses	90 gm
Other Vegetable	500 gm
Root Vegetable	200 gm
Milk (Skimmed)	400 ml
Curd	100 gm
Banana	100 gm
Egg Whole/ Paneer (40 gm) / chhera (40 gm)	60 gm
Sugar	20 gm
Oil	30 ml
Miscellaneous (Spices & Salt)	

Diet - 14

Menu Pattern	Meals	Quantity	Prepared
Early Morning	Tea/Milk +	100 ml	1 Cup
	Biscut	4 pics	4 pics
Break Fast	Daliya/Upma/Poha/Chila (बेसन / सूजी / चावल)	60 gm	2 Katori
	Veg Mix	100 gm	1 cup
	Boiled Egg Whole	60 gm	1 Pics
Mid-Morning	Banana	100 gm	1 pics
	Milk	100 ml	1 Cup
Lunch	Rice + Roti	120 gm	2 Katori+ 2 pics
	Dal	40 gm	1 Katori
	Mix veg sabji (सूखी सब्जी)	200 gm	1 ^{1/2} Katori
	Salad	100 gm	1 Katori
	Curd	100 gm	1 Katori
Evening Snack	चीला(सूची / चावल) / उपमा / पोहा	30 gm	2 Pics
	Veg Mix	50 gm	½ cup
	फुटा चना	20 gm	1 Katori
Dinner	Rice+ Roti	120 gm	2 Katori+2 Pics
	Dal	30 gm	1 katori
	Sabgi (mix vegetable) सूखी सब्जी	150 gm	1 Katori
	Salad	100 gm	1 Katori
	Milk	200 ml	1 glass

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Calorie – 3000 kal Protein:- 112.5 gm Cho:-446.25 gm Fat:-85 gm

Food Item	Quantity
Cereals	360 gm
Pulses	105gm
Other Vegetable	500 gm
Root Vegetable	350 gm
Milk (Skimmed)	500 ml
Curd	200 gm
Banana	200 gm
Egg Whole/ Paneer (40 gm) / chhera (40 gm)	60 gm
Sugar	25 gm
Soyabeen	12.5 gm
Oil	40 ml
Miscellaneous (Spices & Salt)	2 200

Diet - 15

Ienu Pattern	Meals	Quantity	Prepared	
Early Morning	Tea/Milk +	100 ml	1 Cup	
	Biscut	4 pics	4 pics	
Break Fast	Daliya/Upma/Poha/Chila (बेसन / सूजी / चावल)	60 gm	2 Katori	
	Veg Mix	100 gm	1 cup	
	Boiled Egg Whole	60 gm	1 Pics	
Aid-Morning	Banana	100 gm	1 pics	
	Milk / Banana milk Sack	200 ml	1 glass	
unch	Rice + Roti	150 gm	2 Katori+ 3 pics	
	Dal	60 gm	2Katori	
	Mix veg sabji (सूखी सब्जी)	200 gm	1 ^{1/2} Katori	
	Salad	100 gm	1 Katori	
	Curd	150 gm	1 ^{1/2} Katori	
Evening Snack	सूजी चीला/उपमा/मुंगचीला	30 gm	2 Pics	
	Veg Mix	100 gm	1 cup	
	फुटाचना / मखाना / ज्वार	15 gm	1 Katori	
	Curd	50 gm	½ katori	
	Banana	100 gm	1 pics	
Dinner	Rice+ Roti	120 gm	2 Katori+2 Pics	
	Dal	30 gm	1 katori	
	Sabji (mix vegetable) सूखी सब्जी	200 gm	1 ½ Katori	
	Salad	150 gm	1 ½ Katori	
	Milk	200 ml	1 glass	
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Liquid Diet

Food Item	Quantity	
Rice/ Sago	30 gm	
Coconut Water	100 ml	
Vegetable	200 gm	
Dal	30 gm	
Fruit	100 ml	
Oil	10 ml	

Diet - 16

Menu Pattern	Meals	Quantity	Prepared
Early Morning 6.00 am	Dal Soup	15 gm	100 ml (1 cup)
Break Fast 8.00 am	Clear Veg Soup (Double Strain)	100 gm	200 ml (2 cup)
Mid-Morning 10.00 am	Fruit Juice	150 gm	100 ml (1 cup)
Lunch (12.00am)	Rice/ Sago Water	15 gm	200 ml(2 cup)
2.00 pm	Coconut Water	100 -150 ml	1 Large Cup
Evening Time (4.00 pm) 6.00 pm	Tomato Soup (Double Strain) Rice water	100 gm 15 gm	200 ml (2 cup) 200 ml (2 cup)
Dinner 8.00 pm	Dal water	15 gm	100 ml (1 cup)
Bed Time 10.00 pm	Whey water	200 ml	2 cup

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Full Liquid Diet

Food Item	Quantity	
Sattu	30 gm	
Pulses	60 gm	
Milk	450 ml	
Packed Lassi	100 gm	
Fruit	100 gm	
Sugar	30 gm	
Oil	20 gm	
Vegetable	100 gm	

Diet - 17

Menu Pattern	Meals	Quantity	Prepared
Early Morning 6.00 am	Tea (Sugar)	5 gm (1tsp)	1 cup
Break Fast	Sattu Feed with milk	150-200 ml	1Large cup
8.00 am	Sattu Powder	30 gm	\$400 1000C
	Sugar	10 gm	
	Milk	100 ml	
Mid-Morning	Packed lassi	200 ml	1 large cup
10.00 am			
Lunch (12.00am)	Mix Vegetable Dal Soup	30 gm	200-250 ml (1
	Vegetable	50 gm	large cup)
	oil	10 ml	
2.00	Milk Shack		150 ml (2 cup)
	Milk	150 ml	
	Banana	150 gm	
	Suger	10 gm	
Evening Time 4.00 pm	Tea Sugar	3 gm/ 1tsp	1 cup
6.00 pm	Milk Sugar	5 gm/ 1 tsp	100 ml (1 cup)
Dinner 8.00 pm	Mix veg dal Soup	30 gm	200 250 1 (1
-	Vegetable	50 gm	200-250 ml (1
	Oil	10 ml	large cup)
Bed Time 10.00 pm	Milk+ Sugar	100 ml+ 10 gm	1 cup

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Daibetic Diet

Calorie - 1800 kal Protein:- 70 gm Cho:-270 gm Fat:-45 gm

Food Item	Quantity
Cereals	240 gm
Pulses	60 gm
Egg White	60 (2 pice)
Other Vegetable	550 gm
Root Vegetable	300 gm
Curd	100 gm
Milk (Skimmed)	400 ml
Fruit B	150 gm
Oil	20 ml
Miscellaneous (Spices & Salt)	

Diet - 18

8		,	
Menu Pattern	Meals	Quantity	Prepared
Early Morning	Tea/Milk	100 ml	1 Cup
Break Fast	Daliya/Upma/मिस्सी रोटी / Poha/Chila	30 gm	1 cup
	(बेसन / सूजी / मुंग / इडली	100 gm	
	Egg White	60 gm	2 Pics
	Salad (Color Ful)	150 gm	
Mid-Morning	Fruit	150 gm	1 katori
	Milk	100 ml	1 cup
Lunch	Rice + Roti	120 gm	1Katori+ 3 pics
	Dal	30 gm	2 cup
	Mix veg sabji	250 gm	2 bowl
	Salad	150 gm	1 big bowl
	Curd	100 gm	1 bowl
Evening Snack	फुटा चना / ज्वार / बाजारा (भुना हुआ)	30 gm	1 bowl
	Milk	100 ml	1 cup
Dinner	Roti	60 gm	2 Pics
	Dal	30 gm	1 bowl
	Salad	150 gm	1 bigbowl
	vegetable	150 gm	1 bowl
	Milk	100 ml	1 cup

जननी सुरक्षा कार्यक्रम के अंतर्गत आहार (Diet plan) संबंधित संचालनालय स्वास्थ्य सेवायें के पत्र क्रमांक मातृ. स्वा/2022/(NS-552)/2073 नवा रायपुर 30/11/2022 में दिये गये निर्देशानुसार दर प्रस्तुत करें। नोटः

(नोटिफिकेशन संलग्न)

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ANNEXURE-IV

CRIMINAL LIABILITY UNDERTAKING

(To be executed on Rs.100/-Non-Judicial Stamp Paper duly attested by Public Notary) I
Do
solemnlypledge and affirm: -
1. That I am the proprietor/partner/authorized signatory of
M/s.
2. That my firm has not been declared defaulter by any Govt. Bidder and that NO case of any nature i.e. CBI / FEMA / Criminal / Income Tax / GST / EPF / ESIC / FSSAI /
Labour Department or Blacklisting is pending against my firm.

Name & Signature Seal of the participating Bidder Company

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ANNEXURE-V

Quality Based System

SI.No	Evaluation Criteria	Marks claimed by the Bidder	Marks obtained by the bidder		
<u> </u>	Experience-	uic Diduci	by the bluder		
	(a) 1 point for each completed year above				
	the required eligibility-maximum of				
	5points				
	(b) 1 point for every 50 beds above				
	300 beds, Maximum of 7 points (for				
2	Hospital) Average annual turnover in last 3 years- 1				
2	point for every 20 lacs above the required				
20 20	Turnover -maximum of 5 points				
3	Price of the disposable tray- L1-3Points, L2-2points, L3-1point				
4	Quality service award received from state				
	government/ central government				
	organaization 1 point for each award –				
	maximum 2 points				
5	T-4-1 much on a Complete (AT AC AT A				
ر ا	Total number of employees (Verified by				
	PF & ESI documents) engaged by the bidder in last 3 financial years				
	a) 31-50 1 Points				
	b) 51-70 2 Points				
	c) 71 or more 3 Points each year & each Month count separately		8		
V 20 10 20 20 20 20 20 20 20 20 20 20 20 20 20	maximum 9 point	10 00			
6	Additional Live Certification of the bidder				
	a) ISO22000 Or ISO9001: 2015 1point				
	b) ISO22000 & ISO9001: 2015		8		
	2 points				
7	Worked in government hospital (Number of Hospital) 1 year in last 7 years				
	1-3 2 point				
, k	3-6 3 point				
8	>6 4 point Worked in medical conference/CME in last				
0	7 years				
	1-5 1 point				
	5-10 2 point >10 3 point				
	>10 3 point TOTALSCORE (40) Points				
	, ,				
Bidder of	Bidder obtaining the highest score will be selected. Page 49 of 50				
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ANNEXURE-VI

SPECIFICATIONS FOR DISPOSABLE FOOD TRAY

- 1. Disposable tray with lid
- 2. Should be of food grade plastic material
- 3. Colour-White/Black
- 4. Breakfast 3-4 compartments

Dimension- Length-20-22cm

Width- 16-18cm

Height-5-6cm

5. Lunch/ Dinner-6-8 compartments

Dimension-Length-30-32cm

Width- 20-22cm

Height-5-6cm

PRICE BID FORMAT FOR DISPOSABLE TRAY

Description	Basicrate per unit	GST	Netrate
Disposable food tray with lid lunit (1breakfast tray plus 2 lunch / dinner			
tray			

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